

# Equal I I se



**enabling**

**empowering**

**trusting**

**valuing**

**respecting**

**people**  
INTELLIGENCE

*compassion*

*wise  
acceptance*

*nurturing*

*showing empathy*

*supportive*

*encouraging*

**courage**

*growing  
through difficulty*

*addressing the  
hard facts*

*standing up for what  
you believe in*

*confronting*

*challenging*



**self-righteous**

**judgemental**

**disrespectful**

**criticising**

**controlling**



*withdrawing*

*self-doubting*

*passive*

*hesitating*

*avoiding*