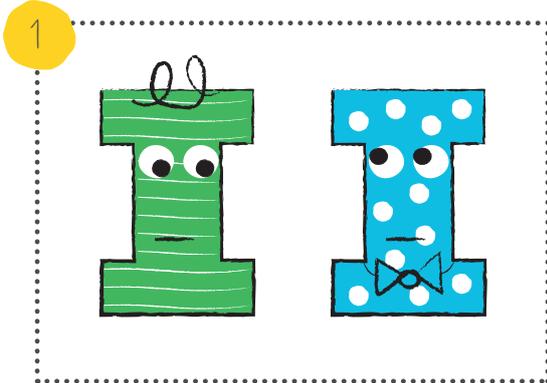
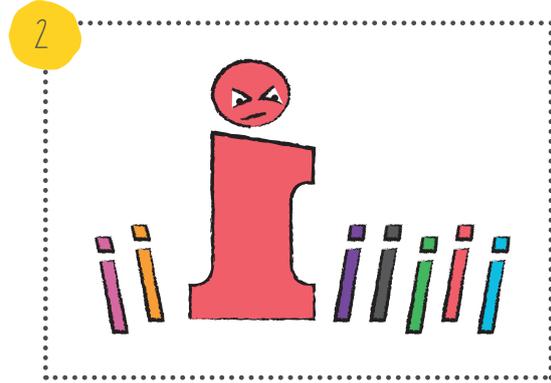


I am enough

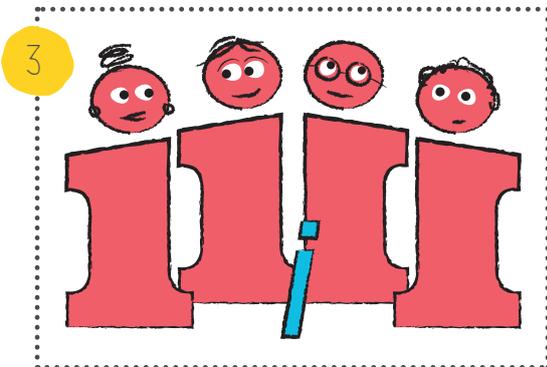
EqualIse®



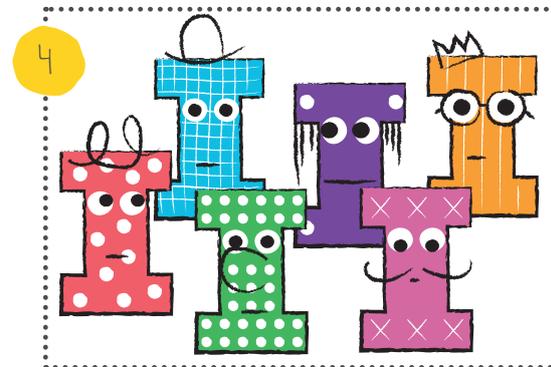
Do you constantly compare yourself with others?



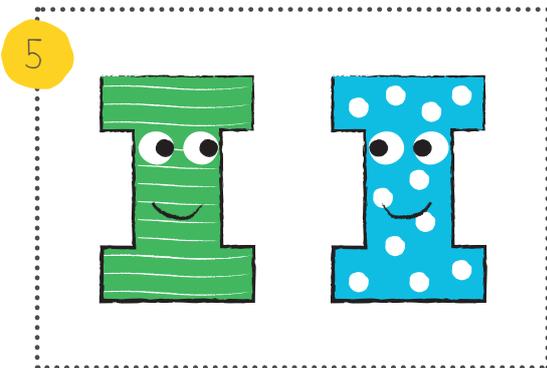
Do you tend to look down on others?
This can leave you lonely and without friends.



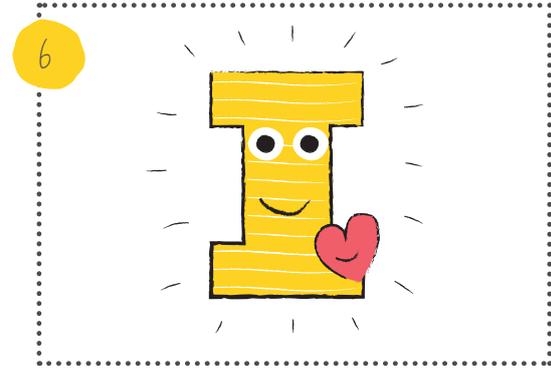
Do you tend to doubt yourself around others?
This can leave you vulnerable to their opinions of you.



The fact is we are all different and we are all imperfect.
But underneath our differences and imperfections, we are
equally valuable - and equally worthy of respect.



So you can choose to respect yourself and all the
imperfections that make you YOU. And you can
choose to respect others as well.



Then you can know you are enough, value who you are,
and like who you will become.