

Respect each other by staying in EqualIse



withdrawing

fearful

lacking courage

low confidence

timid



enabling

empowering

trusting

valuing

respecting



PUSHY

RUDE

BLAMING

SELFISH

BOSSY

Equal**I****I**se

When we see **I** to **I** in our differences, it means:

I value myself and I value you.

I feel equal to you.

I respect our differences even when we disagree.

We both count.

Equal**I**se Questions

In that situation - which    were you?

How did feel as a result?

What could you have said or done instead
to be more in Equal**I**se?

What could s/he have said or done instead
to be more in Equal**I**se?

What could you do differently another time?